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Height And Weight Charts

These height and weight charts serve as a guide to help ensure individuals fall within certain insurable parameters. Decisions regarding an applicant's insurability (coverage) are subject to underwriting consideration of the facts related to a specific medical history. Please refer to the appropriate height and weight chart for adults and juveniles.

ADULT HEIGHT & WEIGHT CHART

FEMALES						
	AGES 18 – 29		AGES 30 – 44		AGES 45 – 65	
HEIGHT	MIN.	MAX.	MIN.	MAX.	MIN.	MAX.
4'11"	85	158	89	167	95	176
5' 0"	86	160	92	171	97	181
5' 1"	87	162	93	174	99	185
5' 2"	89	165	95	178	101	189
5' 3"	92	171	98	183	104	195
5' 4"	94	175	101	188	107	200
5' 5"	96	179	104	195	111	207
5' 6"	99	185	107	200	114	213
5' 7"	101	189	110	206	116	217
5' 8"	105	196	113	211	119	223
5' 9"	108	202	116	217	123	230
5' 10"	110	206	119	223	126	235
5' 11"	112	209	122	228	129	241
6' 0"	113	211	125	234	132	246
6' 1"	115	214	127	237	135	252
6' 2"	116	217	128	239	138	258

MALES						
	AGES 18 – 29		AGES 30 – 44		AGES 45 – 65	
HEIGHT	MIN.	MAX.	MIN.	MAX.	MIN.	MAX.
5' 0"	94	175	98	183	101	188
5' 1"	95	176	99	185	102	190
5' 2"	96	179	100	186	104	193
5' 3"	98	183	102	190	106	197
5' 4"	101	189	105	196	109	203
5' 5"	104	193	107	200	112	209
5' 6"	107	199	110	206	115	214
5' 7"	110	206	114	213	119	221
5' 8"	113	211	118	220	122	228
5' 9"	116	217	122	227	126	235
5' 10"	119	223	125	234	130	242
5' 11"	123	230	130	242	134	249
6' 0"	128	238	134	251	137	256
6' 1"	133	248	139	259	142	265
6' 2"	138	258	145	270	146	272
6' 3"	143	266	149	277	150	280
6' 4"	147	274	152	284	155	288
6' 5"	151	281	155	290	158	295
6' 6"	155	288	158	295	162	302
6' 7"	157	293	161	301	166	309
6' 8"	161	300	164	307	170	316

JUVENILE HEIGHT & WEIGHT CHART

AGES 0 – 9		
HEIGHT	WEIGHT RANGE	
	MIN.	MAX.
2' 0"	9	23
2' 1"	10	25
2' 2"	11	27
2' 3"	12	29
2' 4" (28")	13	31
2' 5"	14	33
2' 6"	15	36
2' 7"	17	38
2' 8" (32")	18	40
2' 9"	19	42
2' 10"	21	44
2' 11"	22	46
3' 0" (36")	23	48
3' 1"	24	51
3' 2"	26	54
3' 3"	28	56
3' 4" (40")	29	59
3' 5"	31	62
3' 6"	32	65
3' 7"	33	67
3' 8" (44")	35	70
3' 9"	36	74
3' 10"	38	77
3' 11"	40	80
4' 0"	42	84
4' 1"	44	88
4' 2" (50")	46	92
4' 3"	49	96
4' 4" (52")	51	100
4' 5"	54	104
4' 6" (54")	56	108
4' 7"	59	113
4' 8" (56")	61	117
4' 9"	64	122
4' 10" (58")	66	126
4' 11"	69	131
5' 0"	71	135

AGES 10 – 13		
HEIGHT	WEIGHT RANGE	
	MIN.	MAX.
4' 0"	45	90
4' 1"	47	94
4' 2" (50")	59	97
4' 3"	51	100
4' 4" (52")	54	104
4' 5"	56	108
4' 6" (54")	58	113
4' 7"	60	118
4' 8" (56")	63	123
4' 9"	66	127
4' 10" (58")	69	132
4' 11"	71	136
5' 0"	74	141
5' 1"	77	146
5' 2" (62")	80	152
5' 3"	83	157
5' 4" (64")	87	162
5' 5"	90	167
5' 6" (66")	93	172
5' 7"	96	177
5' 8" (68")	100	182
5' 9"	103	187
5' 10" (70")	106	192
5' 11"	109	196
6' 0" (72")	113	201

AGES 14 – 17		
HEIGHT	WEIGHT RANGE	
	MIN.	MAX.
4' 6" (54")	63	138
4' 8" (56")	68	146
4' 10" (58")	73	152
5' 0"	79	160
5' 2" (62")	85	168
5' 4" (64")	91	179
5' 6" (66")	97	189
5' 8" (68")	104	199
5' 10" (70")	110	211
6' 0" (72")	117	221
6' 2"	124	231
6' 4"	131	241